

DETAILS

THE SIX-MINUTE
TOTAL-BODY WORKOUT
—
WHEN DID

STYLE

THE NEW
WINTER
CLASSICS

FIVE WAYS
TO LOOSEN UP
BLACK TIE

—
MODERN FAMILY'S
SOFIA VERGARA
BARES ALL
(AND TALKS, TOO)



TWO OF THE
SEXIEST
HOUSES
WE'VE EVER
SEEN



IT'S TIME TO RETHINK VODKA

WHILE CRAFT WHISKEY HAS BEEN GETTING ALL THE LOVE, THE MUCH-MALIGNED CLEAR SPIRIT IS MAKING A VERY FLAVORFUL COMEBACK. HERE ARE THE SEVEN BEST OFFERINGS.



1. FAIR (FRANCE) Organic Bolivian quinoa journeys to France's Cognac region for distillation, and the result is a toasty, spicy finish. \$34, drinkupny.com
2. CORE (VALTIE, NEW YORK) Triple-distilled at an orchard, Core is made from apples chosen for precise sugar levels, lending a mellow sweetness tinged with ginger. \$38, drinkupny.com
3. ZUBROWKA ZU (POLAND) The rye-grain base is infused with pungent bison grass for a fruity, almost tropical flavor. \$23, bevmo.com
4. 666 PURE TASMANIAN (AUSTRALIA) Locally grown malted barley and bottled rainwater pure enough to be endorsed by the U.S.

Department of Health produce a nutty finish. \$26, whw.com
5. BOYD & BLAIR (PITTSBURGH, PENNSYLVANIA) Potatoes are the foundation of this small-batch spirit, which explodes with vanilla notes. \$28, kivines.com
6. KANON (SWEDEN) A burst of toasted marshmallow gives way to a clean, taut finish in this organic-wheat vodka, bottled after just one pass through the still. \$25, uwines.com
7. COMB (PORT CHESTER, NEW YORK) Bottled without filtration for maximum punch and made from a blend of honeys, Comb mixes beautifully with fresh citrus in cocktails. \$37, morrellwine.com. Rob Willey.

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THE ROCK STAR'S GUIDE TO YOGA